

Hints on Using Bathroom Scales

Moving your scale around frequently may affect its accuracy, so if possible, try to leave it in a permanent position that has a firm and even surface. After moving it, ensure it shows zero correctly before using it again.

Body weight varies with a number of factors including the amount of food recently eaten, the amount of waste recently expelled by the body, vigorous exercise and of course, the clothes you wear. If possible, try to weigh yourself at the same time of day under the same conditions and with the same clothes on, or preferably no clothes on. This will reduce the chance of getting unexplained variations in weight.

Do not try to compare your weight on a number of scales. You may find you get different readings, which can be frustrating and confusing. The differences could be due to some scales being slightly inaccurate and / or your own body weight varying due to one or more of the factors mentioned above.

Even if a scale appears slightly inaccurate, it will normally give you an accurate measurement of the variance in your weight from the previous times you weighed yourself. Most people purchase a scale to monitor their weight every now and then or to monitor loss or gain of weight during a loss / gain program they have chosen. If you regularly use the same scale under the same conditions, it should monitor changes in your weight accurately.

The Guarantee

With our longstanding tradition of providing quality scales, we have no hesitation in offering you a one (1) year guarantee of this product against defective materials or workmanship.

If you wish to claim under this guarantee, please return the scale to the store from which you purchased it, together with proof of purchase. Please retain this sheet with your proof of purchase.

This guarantee is in addition to any mandatory conditions, warranties and guarantees under any Commonwealth or State Act.

For further information -

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Propert®

BAMBOO DIGITAL BATHROOM SCALE

Model 3123

Operating Instructions

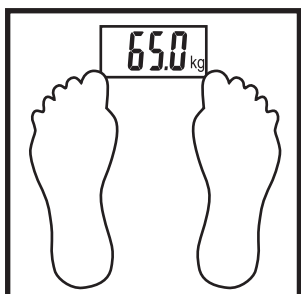
OPERATING INSTRUCTIONS

Before use, please read the instructions carefully to ensure the correct operation of the scale.

Preparing your scale

Before attempting to use your Propert Bamboo Digital Bathroom Scale, remove all packaging.

1. Insert the CR2032 lithium batteries provided, into the battery compartment underneath the scale and make sure the positive '+' sides face up.
2. Before stepping onto the scale, select the unit measure for Kilograms (kg), Pounds (lb) or Stones (st) by using the conversion button found underneath the scale.
3. Place your scale on a firm and even surface. Use on soft or uneven surfaces may result in inaccurate readings.
4. Then gently step onto the scale. When standing on your scale, make sure your feet are placed evenly on it, your weight is distributed evenly between your feet and you stand perfectly still. Movement, leaning backward or forward and not standing evenly on your scale, will affect the accuracy of the weight displayed.
5. Computation will take place and once stabilised, will display your actual weight reading.



Automatic Switch-Off

The scale will automatically switch off after approximately 15 seconds, whether or not you are still on it.

Overloading

If the scale is overloaded (over 150kg / 23st / 330lb), 'Err' appears on the display. Remove the weight immediately or damage to the scale may occur.

Low battery indicator

When 'Lo' displays on the screen, the batteries must be replaced. Remember, always use fresh, good quality lithium batteries.

Specifications

15mm thick treated quality bamboo platform
White backlit LCD
Weighs in kilograms (kg), stone and pounds (st lb) or pounds (lb)
Capacity - 150kg / 330lb / 23st
Weight graduation - 100g / 0.2lb / 0.2lb (1lb ≥ 20st)
Battery - 2 x CR2032 batteries (included)
Equipped with high precision 'strain gauge' sensors

Caring for your Scale

When necessary, wipe the bamboo platform with a slightly damp cloth. Avoid the use of corrosive cleaners.

Do not immerse the scale in water

Handle the scale with care. Do not jump or pound on it

Do not attempt to dismantle the scale. It does not contain parts that may be repaired by the user.

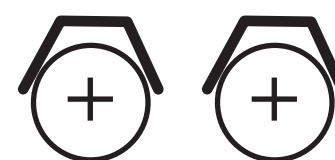
Do not subject the scale to extreme temperatures.

Avoid placing it in direct sunlight

Remove the batteries if the scale is not being used for a long period of time.

How to insert or remove the batteries

1. Turn the scale upside down and with your thumb, slide the plastic lid to dislodge it.
2. Remove the spent batteries, then insert 2 fresh, new CR2032 lithium batteries with the '+' sides facing up as shown. Securely replace the compartment cover.



WARNING ABOUT BATTERIES

- KEEP OUT OF REACH OF CHILDREN.
- Batteries are harmful if swallowed.
- Batteries are to be inserted with the correct polarity.
- Remove the batteries from the battery compartment when not in use for long periods.
- Never throw batteries in a fire or attempt to open up their outer casing.
- Dispose of old batteries responsibly.